

# CARERS

Do you care for someone?

**CROSS  
ROADS  
CARE**

. . . and so do you, but sometimes  
you would like a break



## You might even need a break for the sake of YOUR OWN health and wellbeing.

This is where we come in. For a few hours or so (or perhaps longer) to give you some personal time, Crossroads Care can provide a fully trained and experienced Care Support Worker, a person that you can really trust, to take over your role for as long as you need if that is what you would like.

### Why us?

Crossroads Care is the local branch of a National Charity that was specifically formed to help Carers – people just like you – to have a break from caring. We have been working in Harrow since 1994.

We are registered with and regularly inspected by the Care Quality Commission. In the past most of our work was for the council or the NHS but now we are able to take referrals direct from you. Currently we provide high quality care to over 300 people every week.

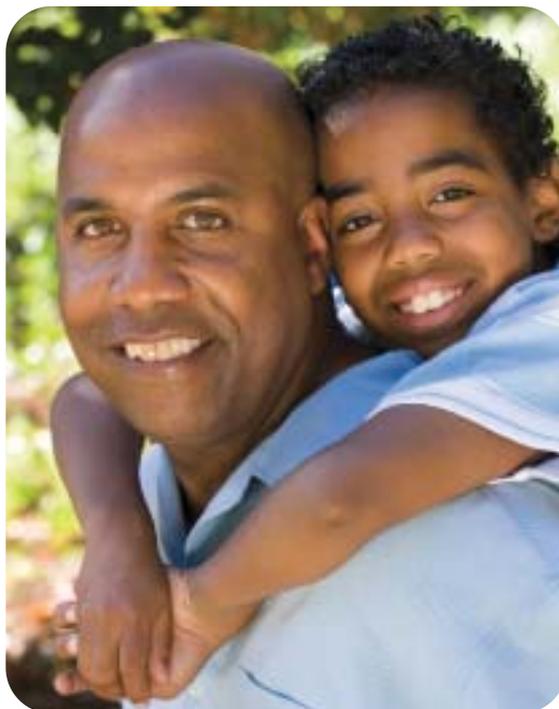
### What will you get?

Our service will be tailored to meet you and your loved ones needs. **We provide a bespoke service – not your “standard package”.**

First of all our Care Assessor will visit you and the person you care for and, together we will develop a personal care plan that will set out what you want us to do and how you want us to do it. We will do things the way you want us to and when you want us to do them. We will then work with you to plan and provide a programme of activities inside and outside your home as varied as you wish for the person you care for.

Our Care Support Workers are trained to take over your role of Carer and try to do things the way you would do them. We will arrange to match your needs to a Care Support Worker who has the experience and skills to deliver the best possible service. Once assigned you will have the same care worker on every visit.

In the case of your Care Support Worker being sick or on planned holiday we will always contact you before we send a replacement Care Support Worker.



## Who can we care for?

We offer to care for people with a range of conditions including the elderly frail, people with dementia, people with physical or sensory disabilities and children and young people with learning disabilities. Most of our clients live in Harrow but we can accommodate people in neighbouring areas.

## Prices

Our standard charge is £14.25 per hour. Normally a session is 3 hours but we will be happy to offer longer and shorter sessions. Prices for overnight stays are by negotiation and additional costs of transport etc. are payable on top of our standard charge.

## Contact Us

You are bound to have a lot of questions and we should be able to answer most of them. Remember we have been working with Carers for over 15 years now. Please feel free to ring us on

**0208 868 0903**

to talk about how we might be able to assist you, to make an appointment for someone to call or just for a chat.

or email us: [sue@harrowcrossroads.co.uk](mailto:sue@harrowcrossroads.co.uk)

Our address is:

Crossroads Care Harrow  
Milmans Resource Centre  
Grove Avenue  
Pinner HA5 5PF



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